

Unit 16

Psychological Effects of Aging

Terminology

1. **Adaptability** - ability to adjust.
2. **Alzheimer's Disease** - physical changes in the brain that lead to a loss of cerebral functioning.
3. **Apathy** - lack of emotion; indifference.
4. **Apprehensive** - fearful.
5. **Compassion** - sympathetic consciousness of another person's distress along with a desire to alleviate it.
6. **Coping** - dealing with or handling stress.
7. **Defense Mechanism** - psychological reaction or technique used as protection against a stressful environmental situation.
8. **Developmental Tasks** - tasks carried out as steps in the development of personality, frequently related to age.
9. **Disorientation** - inability to recognize time, place or persons.